

Psychically ill – there are pharmaceuticals!

Andrea W.: "My 28-year-old son has been psychically ill for a few years. He is afflicted with anxiety states and a feeling of cold toes. Despite different pharmaceuticals there was no recovery. Even organically anything was clarified. Do you probably have a piece of advice?"

According to that description and the enclosed findings it is a matter of schizophrenic psychosis. This disease is characterized by disordered feeling- and thinking-processes. Among other things this is expressed by a reduction of performance or school achievements because concentration and attention are interfered.

Fear, but also delusions or even hallucination (false perceptions), complete the pathology. The feeling of cold toes can be classified as hallucination and is referred to as paresthesia.

Generally speaking, we have enough effective physics at our disposal. However, in many cases it is not easy to find the appropriate one. This is why close collaboration between therapist and patient is of the utmost importance to find an adequate therapy.

For that reason the medical practitioner needs the patients' feedback which mostly consists of an application of a combination of substances. The patient is meanwhile asked for his patience – the "adaptation" can take longer.

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